



# 1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

## Detailed evaluation

Schulte, Marina

Club: wt-soest

Number: 6098

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 54:35

Speed: 6.60 km/h

metres in height up: 77

Course score: 7.16

performance score: 48 Points