



1. Sparkassen-MammutWalk Ahlen
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Galda, Claudia

Club: LSF-Unna-2000

Number: 11010

Course: 11.00 km

HaldenWalk Walking

Total time: 1:24:49

Speed: 7.78 km/h

metres in height up: 75

Course score: 12.13

performance score: 97 Points