



# 1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

## Detailed evaluation

Ebel, Gerd

Club: Walking Treff Möhnesee e.V.  
Number: 11013

Course: 11.00 km  
HaldenWalk Walking

Total time: 1:27:40

Speed: 7.53 km/h

metres in height up: 75  
Course score: 12.13

performance score: 94 Points