



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Müller, Alfons

Club: LT Siebengebirge

Number: 11067

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:18:48

Speed: 8.38 km/h

metres in height up: 75

Course score: 12.13

performance score: 105 Points