



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Schröder, Beate

Club: nein

Number: 6076

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 1:00:11

Speed: 5.98 km/h

metres in height up: 77

Course score: 7.16

performance score: 43 Points