



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Engelmohr, Tilo

Club: Post SV Unna  
Number: 11030

Course: 11.00 km  
HaldenWalk Nordic Walking

Total time: 1:22:57

Speed: 7.96 km/h

metres in height up: 75  
Course score: 12.13

performance score: 99 Points