



1. Sparkassen-MammutWalk Ahlen
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Luhmann, Mechthild

Club: Post SV Unna
Number: 11070

Course: 11.00 km
HaldenWalk Nordic Walking

Total time: 1:23:01

Speed: 7.95 km/h

metres in height up: 75
Course score: 12.13

performance score: 99 Points