



1. Sparkassen-MammutWalk Ahlen
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Meyer, Waltraud

Club: TV Beckum Wersewalker
Number: 11072

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:23:02

Speed: 7.95 km/h

metres in height up: 75

Course score: 12.13

performance score: 99 Points