



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Heimann, Willibald

Club: SV Hebern

Number: 6093

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 1:04:41

Speed: 5.57 km/h

metres in height up: 77

Course score: 7.16

performance score: 40 Points