



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Czwikla, Jürgen

Club: TBS-Herne

Number: 11095

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:25:48

Speed: 7.69 km/h

metres in height up: 75

Course score: 12.13

performance score: 96 Points