



1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Luig, Renate

Club: TLV Rünthe
Number: 11088

Course: 11.00 km
HaldenWalk Nordic Walking

Total time: 1:26:15

Speed: 7.65 km/h

metres in height up: 75
Course score: 12.13

performance score: 96 Points