



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

Detailed evaluation

Gründmann, Loes

Club: KC-Werne 08

Number: 11028

Course: 11.00 km

HaldenWalk Walking

Total time: 1:36:42

Speed: 6.83 km/h

metres in height up: 75

Course score: 12.13

performance score: 85 Points