



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Rekus, Matthias

Club: ILG Konradsreuth

Number: 220

Course: 10.00 km

Volkslauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 48:22

Speed: 12.41 km/h

Running performance: 4:50 min/km

Rank in course/Total: 36 (of 178)

Rank in course/Men: 34 (of 114)

Best time in course: 38:51

Rank in category: 1(of 10)

Best time in the category: 48:22