



## 7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

### Detailed evaluation

**Hertel, Norbert**

Club: SV Wurlitz

Number: 230

Course: 10.00 km

Volkslauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 50:52

Speed: 11.80 km/h

Running performance: 5:05 min/km

Rank in course/Total: 55 (of 178)

Rank in course/Men: 47 (of 114)

Best time in course: 38:51

Rank in category: 10(of 18)

Best time in the category: 39:44