



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Gahn, Rainer

Club: KNARR Sports Team

Number: 232

Course: 10.00 km

Volkslauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 53:15

Speed: 11.27 km/h

Running performance: 5:19 min/km

Rank in course/Total: 71 (of 178)

Rank in course/Men: 60 (of 114)

Best time in course: 38:51

Rank in category: 12(of 18)

Best time in the category: 39:44