



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Schau, Mandy

Club: Bad Lobenstein

Number: 309

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 56:27

Speed: 10.63 km/h

Running performance: 5:38 min/km

Rank in course/Total: 97 (of 178)

Rank in course/Women: 20 (of 64)

Best time in course: 44:30

Rank in category: 3(of 7)

Best time in the category: 49:32