



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Lappat, Sarah

Club: Hof

Number: 332

Course: 10.00 km

Volkslauf

Category:

Frauen (20-29 Jahre)

Total time: 57:42

Speed: 10.40 km/h

Running performance: 5:46 min/km

Rank in course/Total: 111 (of 178)

Rank in course/Women: 28 (of 64)

Best time in course: 44:30

Rank in category: 8(of 14)

Best time in the category: 49:28