



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Klug, Helga

Club: IfL Hof

Number: 322

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 57:39

Speed: 10.41 km/h

Running performance: 5:46 min/km

Rank in course/Total: 108 (of 178)

Rank in course/Women: 26 (of 64)

Best time in course: 44:30

Rank in category: 1(of 1)

Best time in the category: 57:39