



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Past, Dieter

Club: IfL Hof

Number: 367

Course: 10.00 km

Volkslauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 57:55

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 115 (of 178)

Rank in course/Men: 84 (of 114)

Best time in course: 38:51

Rank in category: 3(of 7)

Best time in the category: 47:28