



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Braun, Michael

Club: IFL-Frankenwald

Number: 252

Course: 10.00 km

Volkslauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 58:55

Speed: 10.18 km/h

Running performance: 5:53 min/km

Rank in course/Total: 123 (of 178)

Rank in course/Men: 88 (of 114)

Best time in course: 38:51

Rank in category: 9(of 11)

Best time in the category: 43:55