



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Kaiser, Birgit

Club: Plauen

Number: 304

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:02:26

Speed: 9.61 km/h

Running performance: 6:14 min/km

Rank in course/Total: 141 (of 178)

Rank in course/Women: 46 (of 64)

Best time in course: 44:30

Rank in category: 5(of 7)

Best time in the category: 56:56