



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Kästel, Monika

Club: IfL Hof

Number: 323

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W65 (65-69 Jahre)

Total time: 1:01:57

Speed: 9.69 km/h

Running performance: 6:12 min/km

Rank in course/Total: 136 (of 178)

Rank in course/Women: 42 (of 64)

Best time in course: 44:30

Rank in category: 2(of 2)

Best time in the category: 59:10