



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Traub, Sabine

Club: Reiterhof Gut Haidt e.V.

Number: 311

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:02:24

Speed: 9.62 km/h

Running performance: 6:14 min/km

Rank in course/Total: 140 (of 178)

Rank in course/Women: 45 (of 64)

Best time in course: 44:30

Rank in category: 4(of 7)

Best time in the category: 49:32