



## 7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

### Detailed evaluation

**Quick, Gerhard**

Club: Lauffreunde - TV Stammbach

Number: 276

Course: 10.00 km

Volkslauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:03:28

Speed: 9.45 km/h

Running performance: 6:21 min/km

Rank in course/Total: 145 (of 178)

Rank in course/Men: 97 (of 114)

Best time in course: 38:51

Rank in category: 3(of 3)

Best time in the category: 55:53