



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Gerstner, Heidi

Club: SC Sportclub Sparkasse Hochfranken
Number: 321

Course: 10.00 km
Volkslauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:06:31

Speed: 9.02 km/h

Running performance: 6:39 min/km

Rank in course/Total: 157 (of 178)

Rank in course/Women: 57 (of 64)

Best time in course: 44:30

Rank in category: 9(of 12)

Best time in the category: 54:33