



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Rompza, Stefan

Club: SG Zedtwitz

Number: 240

Course: 10.00 km

Volkslauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:06:21

Speed: 9.04 km/h

Running performance: 6:38 min/km

Rank in course/Total: 156 (of 178)

Rank in course/Men: 100 (of 114)

Best time in course: 38:51

Rank in category: 16(of 17)

Best time in the category: 41:38