



7. Radio Euroherz Park&See-Lauf
Hof / 04.10.2014

Detailed evaluation

Mlynek, Markus

Club: RC Pfeil Hof
Number: 249

Course: 10.00 km
Volkslauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 56:29

Speed: 10.62 km/h
Running performance: 5:39 min/km

Rank in course/Total: 99 (of 178)

Rank in course/Men: 79 (of 114)

Best time in course: 38:51

Rank in category: 13(of 17)

Best time in the category: 41:38