



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Rahn, Manfred

Club: 1. FC Marktleuthen

Number: 354

Course: 10.00 km

Volkslauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:07:02

Speed: 8.95 km/h

Running performance: 6:42 min/km

Rank in course/Total: 161 (of 178)

Rank in course/Men: 103 (of 114)

Best time in course: 38:51

Rank in category: 4(of 7)

Best time in the category: 47:28