



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Lutze, Silvia

Club: IFL Fichtelgebirge

Number: 306

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 58:17

Speed: 10.29 km/h

Running performance: 5:50 min/km

Rank in course/Total: 119 (of 178)

Rank in course/Women: 34 (of 64)

Best time in course: 44:30

Rank in category: 4(of 7)

Best time in the category: 56:56