



## 7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

### Detailed evaluation

#### Sinning, Detlef

Club: Cool Running Remtengrün

Number: 191

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:35:17

Speed: 13.22 km/h

Running performance: 4:31 min/km

Rank in course/Total: 36 (of 192)

Rank in course/Men: 36 (of 161)

Best time in course: 1:10:20

Rank in category: 6(of 25)

Best time in the category: 1:26:02