



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Friedrich, Jürgen

Club: Ifl frankenwald

Number: 606

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:36:40

Speed: 13.10 km/h

Running performance: 4:35 min/km

Rank in course/Total: 39 (of 192)

Rank in course/Men: 39 (of 161)

Best time in course: 1:10:20

Rank in category: 7(of 18)

Best time in the category: 1:22:51