



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Lang, Jan

Club: REHAU AG + Co.

Number: 20

Course: 21.10 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:37:20

Speed: 13.01 km/h

Running performance: 4:37 min/km

Rank in course/Total: 43 (of 192)

Rank in course/Men: 42 (of 161)

Best time in course: 1:10:20

Rank in category: 4(of 20)

Best time in the category: 1:16:27