



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Friedel, Harald

Club: IfL Hof*

Number: 84

Course: 21.10 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:44:54

Speed: 12.07 km/h

Running performance: 4:58 min/km

Rank in course/Total: 77 (of 192)

Rank in course/Men: 73 (of 161)

Best time in course: 1:10:20

Rank in category: 6(of 15)

Best time in the category: 1:32:19