



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Ziegler, Sabine

Club: SV Plößberg

Number: 145

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:45:30

Speed: 12.00 km/h

Running performance: 5:00 min/km

Rank in course/Total: 82 (of 192)

Rank in course/Women: 5 (of 31)

Best time in course: 1:36:49

Rank in category: 3(of 8)

Best time in the category: 1:36:49