



## 7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

### Detailed evaluation

**Frisch, Angela**

Club: ESV Lok Adorf

Number: 126

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:49:19

Speed: 11.53 km/h

Running performance: 5:11 min/km

Rank in course/Total: 107 (of 192)

Rank in course/Women: 8 (of 31)

Best time in course: 1:36:49

Rank in category: 4(of 8)

Best time in the category: 1:36:49