



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Raab, Gerhard

Club: IFL Hof

Number: 176

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:54:38

Speed: 10.99 km/h

Running performance: 5:26 min/km

Rank in course/Total: 137 (of 192)

Rank in course/Men: 123 (of 161)

Best time in course: 1:10:20

Rank in category: 20(of 25)

Best time in the category: 1:26:02