



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Lares, Helmut

Club: Spvgg Bayern Hof

Number: 97

Course: 21.10 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:57:40

Speed: 10.71 km/h

Running performance: 5:35 min/km

Rank in course/Total: 145 (of 192)

Rank in course/Men: 131 (of 161)

Best time in course: 1:10:20

Rank in category: 4(of 6)

Best time in the category: 1:44:33