



## 7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

### Detailed evaluation

**Saalfrank, Siegfried**

Club: IfL Frankenwald

Number: 99

Course: 21.10 km

Halbmarathon

Category:

Senioren M70 (70-74 Jahre)

Total time: 2:12:42

Speed: 9.54 km/h

Running performance: 6:17 min/km

Rank in course/Total: 180 (of 192)

Rank in course/Men: 156 (of 161)

Best time in course: 1:10:20

Rank in category: 3(of 3)

Best time in the category: 2:04:38