



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Guthke, Roland

Club: Hof

Number: 431

Course: 8.00 km

Nordic Walking

Category:

Walking/ Nordic Walking Männer

Total time: 49:40

Speed: 9.66 km/h

Running performance: 6:13 min/km

Rank in course/Total: 6 (of 38)

Rank in course/Men: 3 (of 17)

Best time in course: 47:26

Rank in category: 3(of 17)

Best time in the category: 47:26