



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Ziehr, Martin

Club: Döhlau

Number: 375

Course: 10.00 km

Volkslauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 51:57

Speed: 11.55 km/h

Running performance: 5:12 min/km

Rank in course/Total: 59 (of 178)

Rank in course/Men: 51 (of 114)

Best time in course: 38:51

Rank in category: 5(of 10)

Best time in the category: 48:22