



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Nieweg, Werner

Club: IFL Hof

Number: 403

Course: 8.00 km

Nordic Walking

Category:

Walking/ Nordic Walking Männer

Total time: 51:20

Speed: 9.35 km/h

Running performance: 6:25 min/km

Rank in course/Total: 11 (of 38)

Rank in course/Men: 7 (of 17)

Best time in course: 47:26

Rank in category: 7(of 17)

Best time in the category: 47:26