



## 7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

### Detailed evaluation

#### Spindler, Hartmut

Club: SV Berg

Number: 404

Course: 8.00 km

Nordic Walking

Category:

Walking/ Nordic Walking Männer

Total time: 58:04

Speed: 8.27 km/h

Running performance: 7:16 min/km

Rank in course/Total: 13 (of 38)

Rank in course/Men: 9 (of 17)

Best time in course: 47:26

Rank in category: 9(of 17)

Best time in the category: 47:26