



## 7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

### Detailed evaluation

wirth, mona

Club: IFL HOF

Number: 421

Course: 8.00 km

Nordic Walking

Category:

Walking/ Nordic Walking Frauen

Total time: 58:59

Speed: 8.14 km/h

Running performance: 7:22 min/km

Rank in course/Total: 15 (of 38)

Rank in course/Women: 6 (of 21)

Best time in course: 48:10

Rank in category: 6(of 21)

Best time in the category: 48:10