



## 7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

### Detailed evaluation

**Plöger, Nadine**

Club: Hof

Number: 418

Course: 8.00 km

Nordic Walking

Category:

Walking/ Nordic Walking Frauen

Total time: 1:02:00

Speed: 7.74 km/h

Running performance: 7:45 min/km

Rank in course/Total: 29 (of 38)

Rank in course/Women: 17 (of 21)

Best time in course: 48:10

Rank in category: 17(of 21)

Best time in the category: 48:10