



## 7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

### Detailed evaluation

Hilbert, Bernd

Club: Team BeXXoS

Number: 141

Course: 10.00 km

Volkslauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 39:46

Speed: 15.09 km/h

Running performance: 3:59 min/km

Rank in course/Total: 4 (of 178)

Rank in course/Men: 4 (of 114)

Best time in course: 38:51

Rank in category: 3(of 18)

Best time in the category: 39:44