



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Lenk, Christian

Club: Frankfurt

Number: 348

Course: 10.00 km

Volkslauf

Category:

Männer (20-29 Jahre)

Total time: 42:28

Speed: 14.13 km/h

Running performance: 4:15 min/km

Rank in course/Total: 8 (of 178)

Rank in course/Men: 8 (of 114)

Best time in course: 38:51

Rank in category: 2(of 13)

Best time in the category: 38:51