



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Wolf, Marco

Club: Aschheim

Number: 209

Course: 10.00 km

Volkslauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 44:19

Speed: 13.54 km/h

Running performance: 4:26 min/km

Rank in course/Total: 11 (of 178)

Rank in course/Men: 11 (of 114)

Best time in course: 38:51

Rank in category: 1(of 12)

Best time in the category: 44:19