



## 7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

### Detailed evaluation

Längenfelder, Gudrun

Club: Oberkotzau

Number: 365

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 46:47

Speed: 12.83 km/h

Running performance: 4:41 min/km

Rank in course/Total: 28 (of 178)

Rank in course/Women: 2 (of 64)

Best time in course: 44:30

Rank in category: 1(of 14)

Best time in the category: 46:47