



7. Radio Euroherz Park&See-Lauf

Hof / 04.10.2014

Detailed evaluation

Sieder, Stefan

Club: SG Hutschenreuther Selb

Number: 237

Course: 10.00 km

Volkslauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 45:57

Speed: 13.06 km/h

Running performance: 4:36 min/km

Rank in course/Total: 25 (of 178)

Rank in course/Men: 24 (of 114)

Best time in course: 38:51

Rank in category: 7(of 18)

Best time in the category: 39:44