



34. Kienberglauf
Oehrenstock / 04.10.2014

Detailed evaluation

Gerngroß, Thomas

Club: ThSV 1886 Geschwenda
Number: 934

Course: 11.00 km
11 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 54:51

Speed: 12.03 km/h
Running performance: 4:59 min/km

Rank in course/Total: 7 (of 30)

Rank in course/Men: 7 (of 23)

Best time in course: 46:56

Rank in category: 2(of 3)

Best time in the category: 49:57